



CALVERT HOUSE NEWS



ISSUE 1, VOLUME 3

SEPTEMBER/OCTOBER 2009



Coming Soon: Fitness and Business Center

Calvert House is pleased to announce that construction has begun on a Resident Fitness Center and a Resident Business Center. Both centers will be free of charge to residents and available for use 24 hours a day. We expect both rooms to be open later this Fall and further notice regarding their progress will be forthcoming.

The Fitness Center will be located on the second floor and will have several pieces of cardiovascular and strength training machines. You will need to

use your access key fob for entry, and a membership agreement/waiver must be signed for each key to be activated.

The Business Center will be located on the ground floor across from the laundry room. It will have three computer work stations and a fax/printer/copier machine. All residents will be granted access to this room via their access key fob.

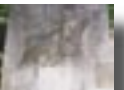
We hope you are as excited as we are about these great new amenities coming to Calvert House!

Where ART Thou?

If you can recognize this piece of art (below left), name its location *and* be the first to contact the manager with the correct answer, you'll win a fabulous Calvert House tote and bragging rights.

Write your answer on a note and give it to the front desk *or* e-mail it to 2401.lberney@communityrealty.com. Be sure to include your name and apartment number on your entry form.

Congratulations to the resident who noticed this classical relief on the N.W. corner of the Duke Ellington Bridge, which connects Woodley Park to Adams Morgan. This is one of four classical reliefs by Leon Hermant representing four modes of travel: automobile, train, ship and plane. Take a look the next time you are walking Calvert Street.



Benefits of Regular Exercise:

- Improves your mood and fights depression
- Combats chronic diseases
- Helps manage weight
- Creates stronger muscles and bones, improves skin
- Promotes better sleep
- Reduces stress and boosts energy levels
- Boosts brain power
- Combats the aging process
- Improves immune system functions

Manager's Corner

Thanks to all of you for making the key exchange such a smooth and pleasant experience! Upgrading the building access system and exchanging over 300 keys can be a big job, but your patience and cooperation made the process better than I could have hoped for (and with far few glitches!)

It was also a pleasure to meet those of you I haven't had a chance to meet with yet. I really appreciated hearing all your comments and words of encouragement. Now that everyone is familiar with the location of the Manager's Office I hope you feel free to speak me in person whenever the

occasion arises.

In answer to all your questions about the upgrade, it was necessary for many reasons. First and foremost, the software for the old system was DOS-based and could not be upgraded. Second, we expanded the scope of the access system to monitor doors that might not have card readers and we added readers to additional doors. This system can grow with Calvert House and future amenities, such as the Fitness Center and the Business Center.

Thanks again for your cooperation and enthusiasm.

Laura Berney

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Bringing Southern Comfort to DC: Art and Soul

Those of you who watched Top Chef Masters this summer will remember Art Smith as the humorous and charming Master Chef who “had issues with eggs.” Before being booted off as the fifth finalist, former Oprah Chef and Chicago restaurateur, Smith impressed the judges with his own take on upscale southern comfort food. Lucky for us Washingtonians, Smith has a RAMMY award-winning restaurant to feed your soul right in our city.

Art and Soul, located in the shadow of the Capitol Dome, has a menu designed to remind you that southern spirit is alive and well. Despite the modern décor, home-spun dishes like his signature hoe cake appetizers, topped with items as diverse as smoked salmon with dill crème fraiche or pulled pork BBQ with fresh made slaw, let diners know that someone in the kitchen is cooking with heart.

On a recent visit both the above hoe cakes were sampled along with the Chesapeake Bay Fry—oysters, clams, calamari, shrimp and okra with two sauces. As you might expect from any southern restaurant worth its salt, they know how to fry up good food. The seafood was only lightly fried in a mild coating that allowed both the taste and texture of fresh seafood to come through. The duos of sauces were unnecessary though very good in their own right. The hoe cakes were generous in size and delicious. The pulled pork of

the Picnic Basket hoe cake deserves an entrée place of its own.

The main dishes on the menu were not as tempting as other offerings. Though every dish tasted was well cooked, seasoned and sauced, especially the Trio of Maryland Crab, consisting of a large meaty crab cake, a deftly fried soft shell crab and a spicy kick of crab and grits stuffed relleno pepper, it’s the sides that shine. You don’t want to miss the fried green tomatoes with remoulade, the greens with their perfect

balance of pepper heat and vinegar tang, or the macaroni casserole which was a creamy cheesy delight, the perfectly cooked pasta holding its own against the delicate but flavorful sauce.

Located in the Liaison Hotel, Art and Soul fights to stay neighborhood by offering seating in a pooch patio where Chef-made dog meals are available for canine guests. The patio also plays host to Crab and Beer Wednesday’s, where hard shell Maryland

crabs are served up with sides and local brews. A tasty weekend brunch menu includes chicken and waffles. Sunday Supper is a family style meal of Maryland fried chicken with sausage gravy, buttermilk mashed potatoes and greens.

Art and Soul is located at 415 New Jersey Avenue, NW, just a few blocks from the Red Line Metro at Union Station. Check them out at www.artandsoul.com.

Foodie Alert

Oyster lovers mark your calendars! Tuesday September 8th, the day after Labor Day, at 7:30 AM tickets go on sale for Old Ebbit’s famous Oyster Riot. Dozens of types of oysters on the half shell with specially pared wines will be available at the Riot which takes place on Friday, November 20th and Saturday, November 21st. Last year’s tickets sold out in 10 minutes, so plan ahead. Also, check out their block party to be held on Saturday September 5th, see the Events page at www.ebbit.com.

Details

If you are a new or prospective resident to Calvert House, we’re glad you’ve visited and/or made your home with us. We know you have choices, and we thank you for making our home your home.

Please feel free to contact the front desk and office staff with any questions you might have about the building, amenities or policies. We are here to help you 24 hours a day.

We’re On Line

www.calverthousedc.com
2401.lberney@communityrealty.com
2401.rfaulkner@communityrealty.com

Office Hours

Monday to Friday.....9 AM to 5:30 PM
Saturday.....10 AM to 5 PM
Sunday.....By appointment

Calvert House Staff

Community Manager.....Laura Berney
Lead Engineer.....Wayne Parker
Leasing Manager.....Rosalind Faulkner
Engineer Assistant.....José Peña



Super Summer Social



Many thanks to all who gathered on the terrace July 18th to enjoy the CH Beer & Bratwurst summer social. We had over 70 residents come together to enjoy the food and their neighbors company. Forecasts of rain were wrong; we had lovely weather, and residents stayed chatting until dusk. Thanks to all for making the social a great success!

In the Know

Please make note of these important items of information for residents of Calvert House...


- **Voice mail:** Communication is the key to any great relationship and CH management want to be available to you! Voice mail boxes have been set up for the Community Manager, Laura Berney and the Leasing Manager, Rosalind Faulkner. Now you will have the option of leaving a private voice mail for either at any time. Just call 202-462-8900 and ask the front desk attendant to transfer you to their voice mail. Of course, as always, feel free to contact them in person during office hours or by e-mail.
- **Facebook:** Are you a member of Facebook? Then become a fan of Calvert House DC! One of your neighbors has created a CH Facebook page to help residents get to know each other and the neighborhood better. This is a forum by residents for residents. Search for it on www.facebook.com and connect.
- **Rent:** Please remember when you pay your rent on the first to include your apartment number and parking space number on your check. Also, we ask that you use an ink pen rather than a marker or pencil. Our new check scanner doesn't process pencil or marker well. Using ink will help us process your check more efficiently. *Remember* that you also have the option to pay your rent online instead. Sign up with paylease.com and have your rent debited from your check card or credit card each month.
- **Zipcars:** A car at hand just when you need one! They save time and money and you only pay for the time you use it. A Zipcar is available in our Calvert House visitors' lot and right across 24th Street. Sign up today at www.zipcar.com and take advantage of this convenience.
- **Vending Area:** Vending machines are located on the first floor just before the door leading to the laundry room and rear parking exit. Find a great selection of drinks and snacks.
- **Carts:** Small folding carts are available at the front desk for your use to carry packages and groceries from the lobby to your apartment. Larger luggage carts are also available at the rear entrance to the building by the laundry room. All carts should be signed out at the front desk.
- **Sunroom/Sundeck:** Please enjoy these great public spaces, but remember: no glass bottles or cups, no candles, no private parties and no music without headphones. Thanks for helping us to ensure these spaces remain safe and comfortable for all who would like to use them.
- **Bikes:** If you are keeping your bike in the racks provided in either garage, please make sure that your apartment number is listed on the bike. We also strongly recommend that you keep your bike locked. Please use the rear door to enter and exit with your bikes, or should you wish to use the overhead door to enter and exit with your bike, there are loaner keys at the desk you can sign out. Happy peddling!
- **Bulk Trash:** If you have boxes or large trash items, please do not leave them in the trash rooms, but take them to the bulk trash area in the lower garage instead. Boxes should be broken down, and all items should be placed inside the fenced area. Please contact the office if you have any questions.

A Guide to Farmer's Markets



This year, many farmer's markets have expanded the length of their season and hours. That's good news for us. The *Washington Post* has an interactive map online at www.washingtonpost.com/farmersmarkets. It allows you to track all area markets by location and day of the week. Here are some of the closest to us:

- **Adams Morgan Farmers Market:** Columbia Road and 18th Street, NW; 8 AM to 1 PM, Saturdays from May 16th through December 19th.
- **Dupont Circle FreshFarm Market:** 20th and Q Streets, NW, 9 AM to 1 PM, Sundays year-round, www.freshfarmmarkets.org.
- **14th and U Farmers Market:** at 14th and U Streets, NW; 9 AM to 1 PM, Saturdays from May 2nd through November 21st; www.marketsandmore.net.
- **Bloomingdale Farmers Market:** First and R Streets, NW; 10 AM to 2 PM, Sundays from May 17th to November 22nd.
- **Chevy Chase Farmers Market,** 5701 Broad Branch Road (Lafayette Elementary School); 9 AM to 1 PM, Saturdays from April 25th to November 21st.
- **Eastern Market Outdoor Farmers Market:** 225 Seventh Street, SE; 7 AM to 4 PM, Saturday and Sundays, year-round; www.easternmarketdc.com.
- **Georgetown Farmers Market in Rose Park:** 26th and O Streets, NW; 4 to 7 PM, Wednesdays from May 6th to October 28th.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September Events		1 Rent is due	2	3	4 Full Moon	5
6 Rent is late Late fees due	7 Labor Day Office Closed	8	9	10	11 Patriots Day	12
13 Grandparents Day	14	15	16	17	18	19 Rosh Hashanah
20 Emmy Awards	21	22 First Day of Autumn	23	24	25	26
27	28 Yom Kippur	29	30			

September/October Festivals and Events



- **21st Annual Blues Festival**—Don't miss this year's fun on September 5th at D.C.'s Carter Barron Amphitheater from Noon to 7 PM. Featuring Teeny Tucker, Eugene "Hideway" Bridges, Eddie Turner and more. Visit www.dtblues.org.

- **31st Adam's Morgan Day Festival**—The Adams Morgan MainStreet Group work to retain and promote the unique, vibrant character of the Adams Morgan business area on Sunday, September 13th. Stroll colorful storefronts and sidewalk cafes and enjoy the neighborhood scale and local businesses away from the mall and downtown. www.adamsmorgandayfestival.com.

- **Taste of Georgetown**—On Saturday, October 10th from 11 AM to 4 PM, the annual Taste of Georgetown showcases the spectacular

cuisine of 30 of D.C.'s finest restaurants, highlighting Georgetown's culinary personalities and featuring nearly 60 delectable dishes to sample, as well as wine pairings and the jazz talents of Blues Alley. www.tasteofgeorgetown.com.

- **Das Best Oktoberfest at National Harbor**—September 26th from Noon to 8 PM, this year's event promises to have more than 100 types of beer, more German food, wine, schnapps and VIP specials. www.dasbestoktoberfest.com.

- **Maryland Renaissance Festival**—the region's premier outdoor event and the second largest Renaissance Festival in the country. The English Tudor village is 25 acres of woods and field that transport patrons to an era of chivalry, bawdiness and good fun. www.rennfest.com.

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